The Illustrated Encyclopedia Of Natural Remedies: Over 1000 Natural Remedies For The Prevention, Treatment, And Cure Of Common Ailments And Conditions
This comprehensive and authoritative guide is an indispensable reference, containing all you need to know about healing with complementary and alternative techniques and therapies. With detailed sections covering Ayurveda, Chinese Herbal Medicine, Traditional Home and Folk Remedies, Homeopathy, Aromatherapy, Flower Remedies, Vitamins and Minerals, and Herbalism, this quick reference family guide includes: the history and background to each therapy, descriptions of the most useful remedies, a comprehensive list of ailments and suggested treatments, alternative first aid remedies, and how to stock a home healing medicine chest. --This text refers to an out of print or unavailable edition of this title.

Book Information

Hardcover: 496 pages
Publisher: Element (1998)
Language: English
ISBN-10: 1862044090
Product Dimensions: 11.1 x 9.1 x 1.4 inches
Shipping Weight: 4.2 pounds
Average Customer Review: 4.7 out of 5 stars Â– See all reviews (47 customer reviews)
Best Sellers Rank: #514,542 in Books (See Top 100 in Books) #1795 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing #126484 in Books > Reference

Customer Reviews

I have bought many books on alternative medical remedies, but this was one was by far the best. The book is well laid out, easy to read and understand and has easy to follow instructions. It contains remedies from Chinese Herbal, Traditional, Homeopathy, Aromatherapy and even Folk! I have found many uses for this book and already have dog eared pages! This is a definite must-have for anyone interested in alternative remedies and especially for someone building a medical library - you’ll just be amazed!

Extremely happy with purchase. It is like a real Encyclopedia. Ton of information. Huge heavy soft covered book. Surprised at not finding a new one but happy the used one turned out to be very clean. PROS: Great illustrations and pictures of plants, emphasis on being well cross-referenced, very detailed in most areas. Plenty of options for ailments using home remedies. Has great
information/cautions on how one can 'overdose' on some things, as a nurse I have plenty of books and often these cautions are not too detailed...this one is and I applaud it most sincerely. Great self diagnosing could be done by going to the category sections for say skin or respiratory and getting a good idea of the possible problem. With the cost of healthcare & so many opting for paying a penalty to President BHO system, as people lost their job or health coverage, or both, or can no longer afford a healthcare plan--this would be a great place to start to cover those problems we all have to contend with, and need to be able to still pay for food and expenses. Have no CONS as this one a winner. Arrived intact and on time. Would HIGHLY RECOMMEND.

I just finished using this book & it is quite helpful. There are useful color pictures of herbs and instructions are easy to follow. There are sections on Ayurveda, using fresh flowers etc.. Learned alot of tips from Dr. Shealy’s illustrated book. It is like a coffee table bk. but it is worth buying just for the beautiful way that it looks. He tells you about the history of different alternative ways of treating illnesses. There are references at the back of the book, so you can check out other places of therapy. Good bk.

This is the book I’d been waiting for and didn’t even know it! I’d had a few other encyclopedias or reference books over the years, and I gave them all away after a few days of owning this because it was all I turned to. I’m in in for one reason or another every week. This book is a truly awesome collection of all natural health information.

I have several herbal and natural healing books, and this one is my go-to. I keep it on my kitchen counter with my favorite recipe books. It offers everything from herbal remedies to aromatherapy and homeopathy, organized by problem as well as by herb.

I love the illustrated Encyclopedia of Healing Remedies! This is already my second edition - I gave one to my family so I was ordering me another one. It has so many valuable hints and knowledge about natural healing remedies and healthy eating habits and it is a blessings! I am deeply appreciating the author for its creation! Thank you Norman Shealy.

This book is so easy to use and understand. It presents each item individually and also has a section that covers most problems that people face from upset stomachs to headaches to Cancer. Obviously some remedies seem far fetched but the vitamin section makes good sense and gives you
much more information then the vitamin bottles at the store!

a friend of mine loaned me his Illustrated Encyclopedia of Healing Remedies book and I found the answer to a health issue immediately. Tried the treatment it recommended and within a couple of days I saw great improvement. It is easy to read and it was easy to find what I was looking for. A wealth of knowledge here. It was such a wealth of knowledge I had to buy it for my own library.

Download to continue reading...

The Illustrated Encyclopedia of Natural Remedies: Over 1000 Natural Remedies for the Prevention, Treatment, and Cure of Common Ailments and Conditions
Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help)
Natural Remedies for Dogs: 101 Safe & Natural Essential Oils' Remedies for Your DOG: (Natural Remedies For Dogs, Essential Oils Remedies For Dogs, Natural Dog Care, Recipes For Dogs, Home Remedies)
The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus)
Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure)
The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia)
Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Elimate Herpes, How To Cure Herpes, Herpes Treatment) 1000 Lights. 1000 Leuchten. 1000 Luminaires 1878 to present (English, German and French Edition)
The Doctors Book of Home Remedies: Simple Doctor-Approved Self-Care Solutions for 146 of the Most Common Health Conditions, Revised and Expanded (The ... Library of Prevention Magazine Health Books)
Fatty Liver :The Natural Fatty Liver Cure, Proven Strategies to Reverse, Cure and Prevent Fatty Liver Forever ! (Fatty Liver Cure,Fatty Liver diet,Fatty ... Cure, Detox, Fat Chance, Cleanse Diet,) 21 Home Remedies Exercises and Natural Cures for TMJ Treatment: Holistic Home remedies and natural cures for treatment of Temporomandibular Joint (TMJ) pain and its allied symptoms.
Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness)
Joey Green’s Amazing Kitchen Cures: 1,150 Ways to Prevent and Cure Common Ailments with Brand-Name Products
A Simple Guide To Budd-Chiari Syndrome, (Hepatic Vein Obstruction) Diagnosis, Treatment And Related Conditions (A Simple

Dmca